

Widespread Molecular Detection of *Legionella pneumophila* Serogroup 1 in Cold Water Taps across the United States

Maura J. Donohue Ph.D.



Why is *Legionella* important to U.S. EPA

The mission of EPA is to protect human health and the environment.



Legionella pneumophila is on the Office of Water's Contaminant Candidate List (CCL)



Legionella pneumophila is a microorganism of the natural environment found in soil and water. However, it also causes Legionellosis / Legionnaire's Disease, a disease that affects the respiratory system.

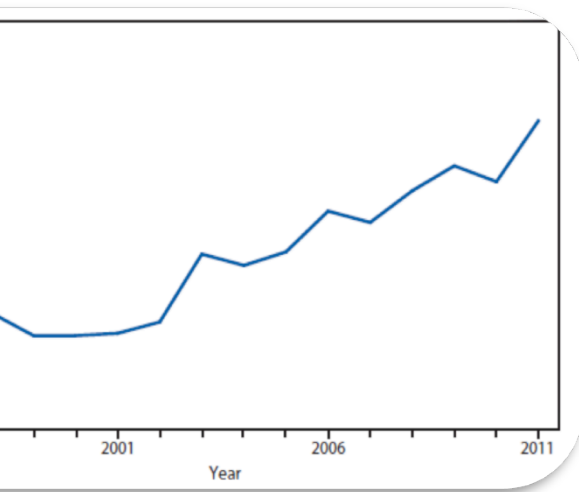




Legionellosis : Climbing Incidence of Disease in U.S.

CDC Notifiable Disease Report 2000-2011
Reporting ONLY Confirmed Cases

SIS.
y year — United States, 1996–2011



ns of the Surveillance Data:

reporting of the disease burden
are reflective of Urine Antigen Test
s (only detects *L. pneumophila* Sg1).

2005 National Notifiable Diseases
Surveillance Systems (NNDSS) Case
Definition for Legionellosis.

Laboratory Criteria for Diagnosis
Confirmed:

1. Culture isolation of any *Legionella* organism from the respiratory specimen.
2. Detection of *L. pneumophila* Sg1 antigen in urine.
3. Seroconversion: fourfold or greater rise in specific serum antibody titer.

Year	Number Cases	Age-adju Inciden 100,00
2000	1127	0.40
2001	1168	0.41
2002	1321	0.45
2003	2232	0.74
2004	2093	0.70
2005	2301	0.75
2006	2834	0.91
2007	2716	0.86
2008	3181	0.99
2009	3522	1.08
2010	3346	1.01
2011	4202	1.10
2012*	3688	1.06
2013*	4548	1.18

* Provisional cases

Shigellosis Hospitalization: Financial Burden

et al 2012:

Healthcare costs of selected disease primarily or partially transmitted by water.

Emerging Infectious Diseases, **140**, p2003-2013

2006-2007 est



Medicaid:

No information



Medicare:

\$26,741



Commercial

\$38,363



Uninsured:

No information

Total cost (avg)

\$33,366



of Hospitalization/year:

8,000-18,000 Ma
avg(13,000)

Total Hospitalization Cost:

\$433,758,000

Widespread Molecular Detection of *Legionella pneumophila* Serogroup 1 in Cold Water Taps across the United States

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[Supporting Information](#)

ABSTRACT: In the United States, 600 cases of legionellosis were reported to the Center for Disease Control and Prevention in 2009–2010. Of these reports, it is estimated that 14% are caused by the enteroseroserogroup *Legionella pneumophila* serogroup (Sg) 1. *Legionella* spp. have been isolated and recovered from a variety of natural freshwater environments. Human exposure to *L. pneumophila* Sg1 may occur from aerosolization and subsequent inhalation of bioaerosols and facility water. In this study, two primer/probe sets (one able to detect *L. pneumophila* and the other *L. pneumophila* Sg1) were determined to be highly sensitive and selective for their respective targets. Over 270 water samples, collected in 2009 and 2010 from 69 public and private water taps across the United States, were analyzed using the two qPCR assays to evaluate the incidence of *L. pneumophila* Sg1. Nearly half of the taps showed the presence of *L. pneumophila* Sg1 in one sampling event, and 30% of taps were positive in more than one sampling event. This study is the first United States survey to document the occurrence and collection of *L. pneumophila* Sg1 in cold water delivered from point of use taps.



■ INTRODUCTION

Legionella pneumophila is an environmental microorganism capable of causing a range of adverse health effects from severe Legionnaires' disease to moderate Pontiac fever syndrome-like symptoms in humans. In 2009–2010, CDC's National Notifiable Diseases Surveillance System (NNDSS) reported 6300 cases of legionellosis.¹ Only 14% (175/1265) of these cases were outbreak events associated with drinking water, other recreational waters, or occupational settings.² The remaining 9745 cases of legionellosis were described as sporadic (e.g., not associated with an outbreak).

According to the CDC's outbreak reports, exposure to *Legionella* is through potable water when either recreational water such as swimming in hot tubs and cooling towers are involved^{3,4} with drinking water independent of exposure route, legionellosis is primarily acquired from aerosolized water droplets contaminated with *Legionella* microorganisms.

Water contamination by *Legionella* is currently monitored by many countries utilizing conventional culture methods based on International Organization for Standardization (ISO) 11731.⁵ The Netherlands Microbiology Institute (NMI) utilizes⁶ as The Association Française de Microbiologie (AFM) NT 180-03⁷ methods. However, as in the case with all methods, there are limitations when utilizing

Legionella. Optimal cultivation requires aerobic and hypoxic conditions, attention to pH neutrality, and prolonged incubation periods (up to six days). With a generation time of 4 to 6 h, overgrowth of cultures with other microorganisms is likely to occur.^{8,9} Another factor limiting the culture-based detection of *Legionella* is the physiological state of the cells. For instance, viable but nonculturable (VBNC) *Legionella* cells and sublethal stressors will not be detected by conventional culture methods.^{10,11}

The use of qPCR for the purpose of surveillance has some merit because qPCR detects and amplifies a specific gene target known to be exclusive to a specific genus/species/serogroup. The qPCR technique, with the use of a standard curve, is far more sensitive and efficient at quantifying the presence of a specific microorganism than the traditional culture approach. To date, several qPCR assays for *Legionella* have been developed: a genus-specific assay (targeting the 16S rRNA gene from *Legionella* spp.)¹² a species-specific assay (targeting the *hly* gene, coding the main virulence determinant of

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Molecular Detection of *L. pneumophila* Sg 1 in Cold Water Taps across the U.S.: Study Design

2 Year Study: 2009-2010

Geographically Diverse Locality



40 Sites



32 Public Buildings



8 Homes

1 Tap/Site



12 Sites

2 Taps/Site



28 Sites

Monitoring Summary

2009-2010



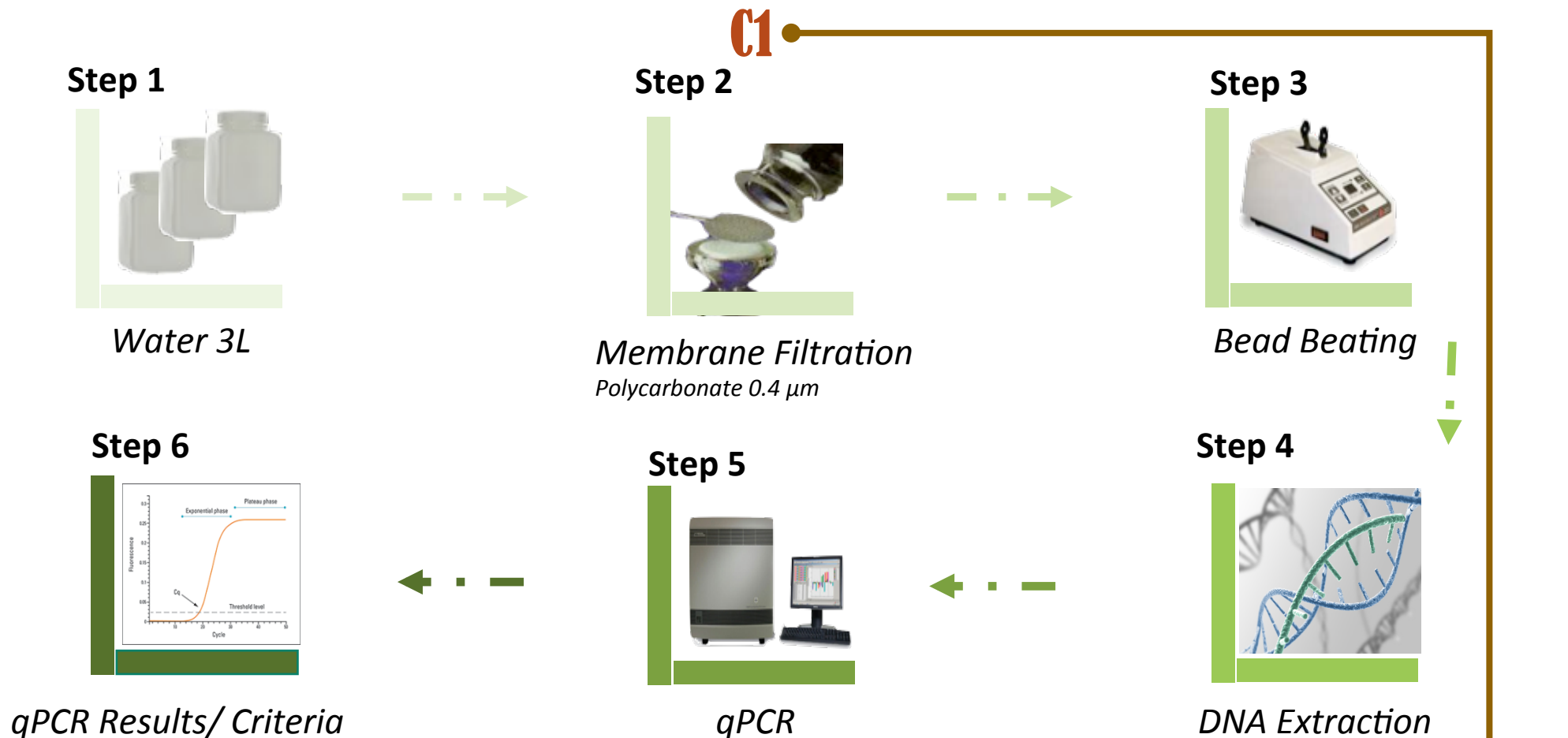
- 40 Sites
- 68 Taps were monitored
- 4 Sampling events
- 272 Samples generated

Molecular Detection of *L. pneumophila* Sg 1 in Cold Water Taps across the U.S.: Sample Collection Proc

- Volunteers
- Willing to participate in four sampling events
- Collect over three liters from the cold tap after a 15 sec
- Package bottles with provided ice packs
- Return within 24hr of collection



Method: Sample Analysis Process and Detection of *pneumophila* Sg1



Controls:

C1: Method Blank 100 mL of DNase/RNase Free Water

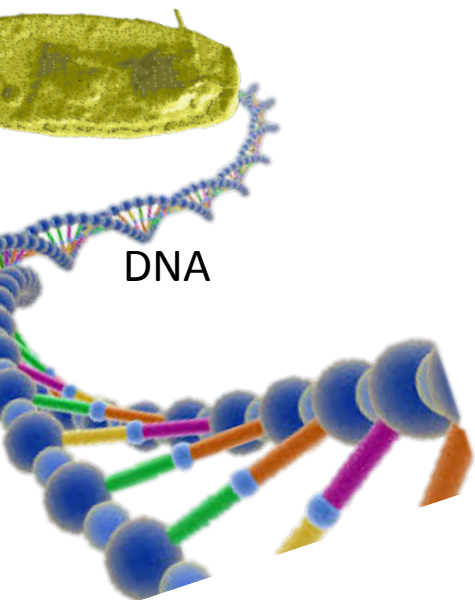
C2: Non Template Control (TNC) (qPCR chemistry compo



Detection of *L. pneumophila* Sg1

Method: Step 5 DNA Targets for Identity/qPCR

L. pneumophila Cell



Target: 1

Species-Level
16S RNA
~ 3 copies/cell

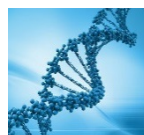
DNA Target: 2

Serogroup-Level
LPS gene
~ 1 copies/cell

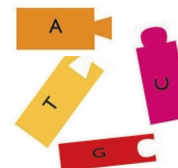
Merault, 2011

Quantitative PCR

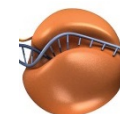
Components in a qPCR Reaction



DNA
Extracted from Water
(DNA Template)



Free Base Pairs
dNTPs



DNA
Polymerase



Buffer
w MgCl



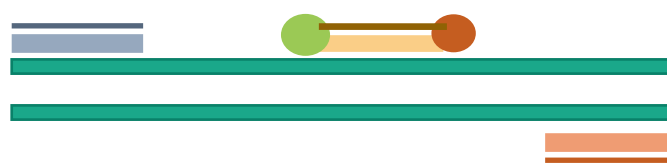
Primers &



PCR Reaction

Forward Primer

Probe



Reverse Primer

Products

Fluorophore



DNA Product



Detection of *L. pneumophila* Sg1

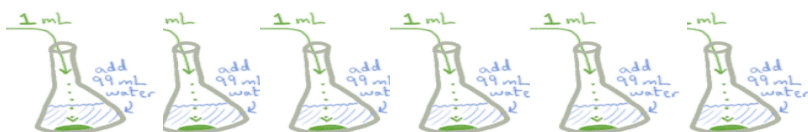
Method qPCR: Step 5/Standard Curve

R

DNA Extracted
From
ATCC 33152

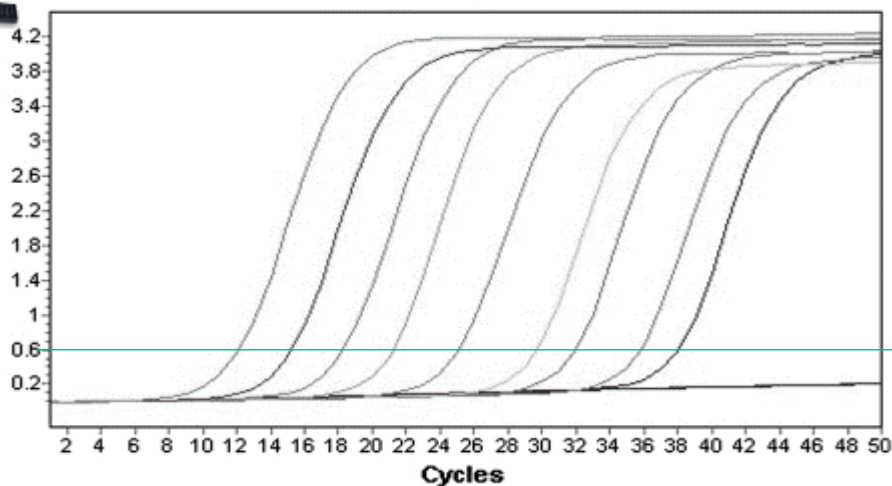


ion Series



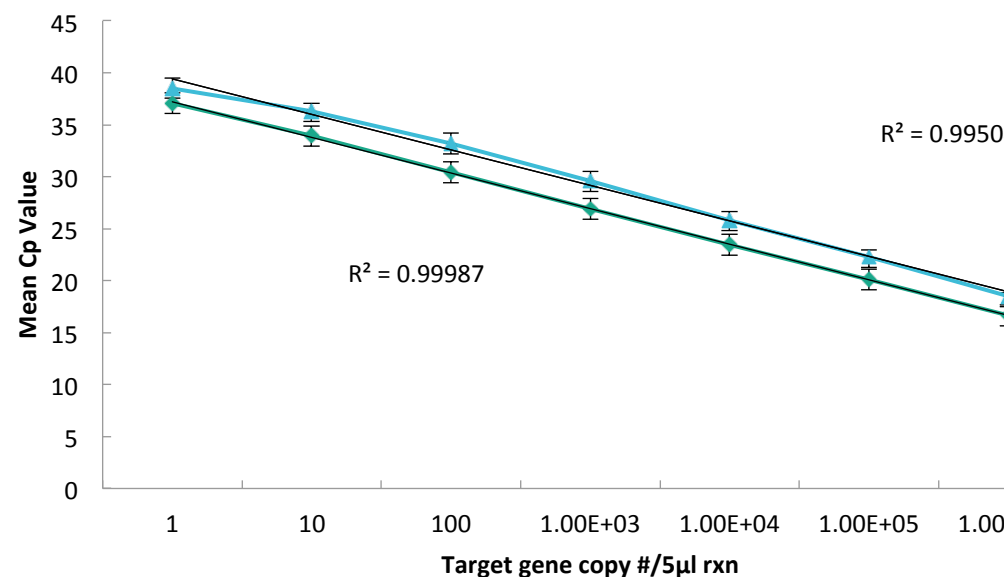
Amplification Curves

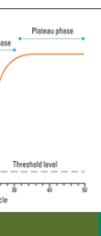
Fluorescence (530)
line.



Standard Curve

L. pneumophila ATCC 33152 Standard Curve for the Lp16S
and LpLPS assays





Method: Detection of *L. pneumophila* Sg1: Step 6/Reporting Criteria

Assay 1: Lp 16S Assay

- **Three** qPCR Reactions were done per sample
(Each reaction equates to 100 mL of the Original Volume collected)

A Sample was considered *L. pneumophila* **(+) POSITIVE** if:

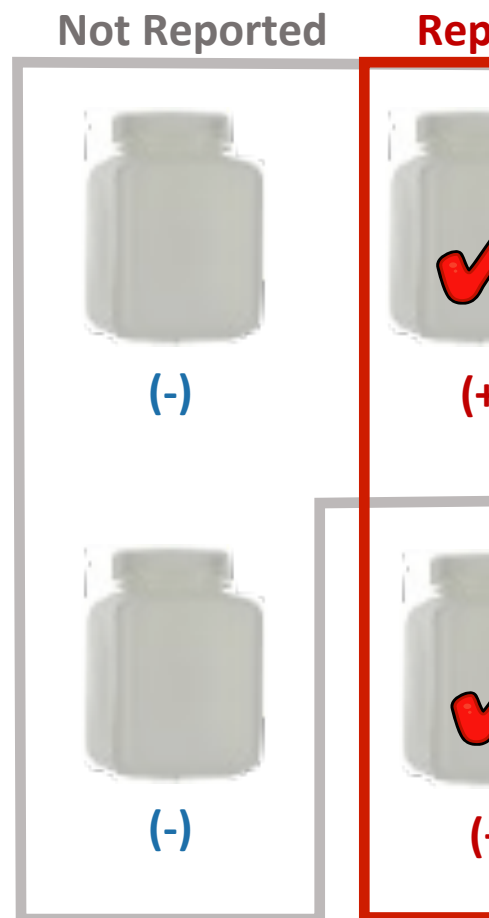
- Cq of < 40 was observed for 2 out of the 3 qPCR reactions.

Assay 2: LpLPS Assay

- **Two** qPCR Reactions were done per sample
(Each reaction equates to 100 mL of the Original Volume collected)

A Sample was considered *L. pneumophila* Sg1 **(+) POSITIVE** if:

- Cq of < 40 was observed for both qPCR reactions.



BOTH assays need to be positive
to be reported

Performance Measures:

Parshionikar, S. (2008) Method Validation of U.S. Environmental Protection Agency Microbiological Methods of Analysis. FEM Document Number 2009-01.

Reporting Criteria

QPCR

- 2 PCR Products (Intact DNA)
- NTC Blank
- Three PCR hybridization need to take place
- ✓ Increasing Fluorophor Detection (Logarithmic Curve)
- ✓ DNA Products
 - 100 basepairs (Lp 16S Assay)
 - 75 basepairs (Lp LPS Assay)
- Inhibition Control (s false negatives)
 - Limit of Detection (LD): 1 genomic target/reaction
 - Limit of Quantification (LQ): 10 genomic targets/reaction

Method

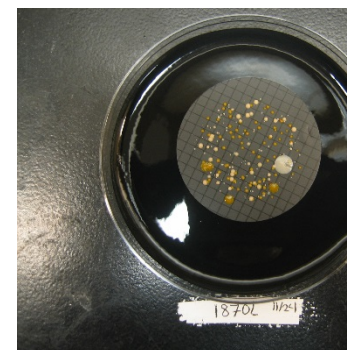
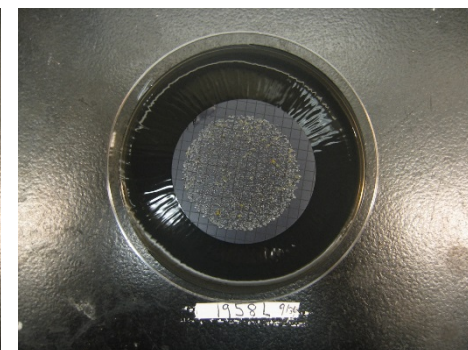
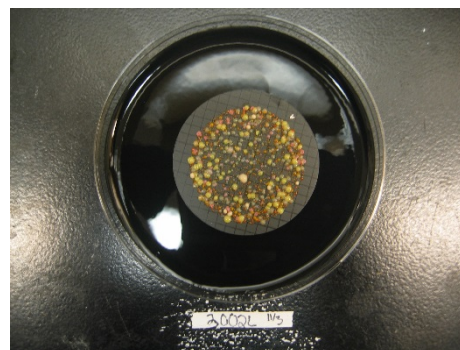
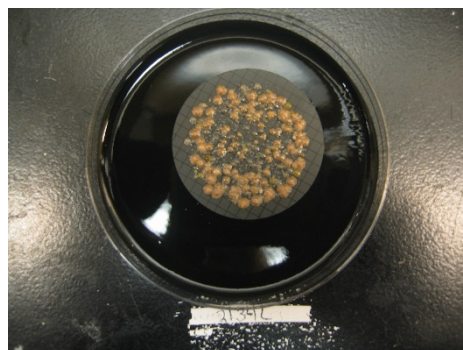
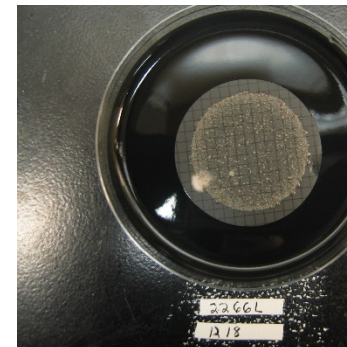
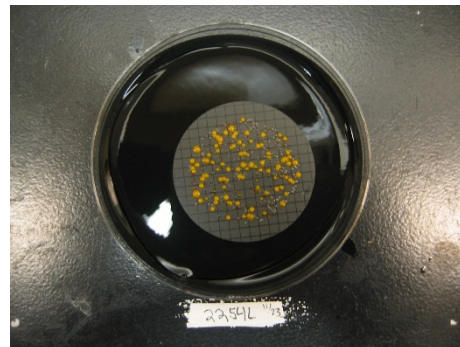
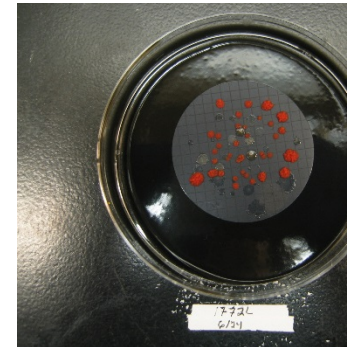
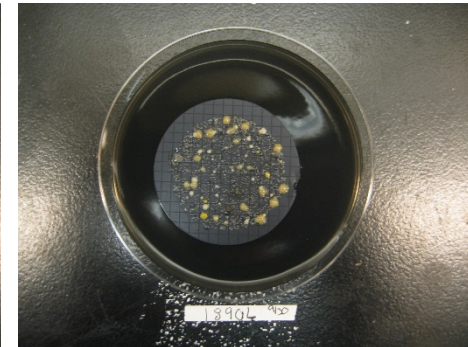
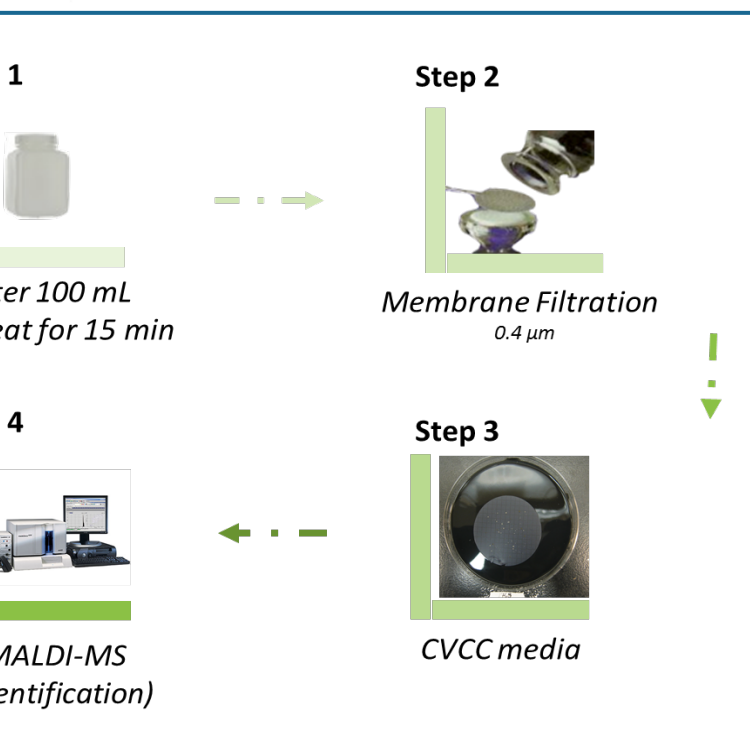
Method Blank

Sensitivity of Method at 100 CFU/L (spiked)
Lp16 S Assay 91% samples
Lp LPS Assay 83% samples

Sensitivity of Method at 1,000 CFU/L (spiked)
Lp 16S Assay 100% samples
Lp LPS Assay 100% samples

- Both Assays must be qPCR positive.
- 400 mL of the 500 mL of the original water tested must meet all of the performance measures.

Molecular Detection of *L. pneumophila* Sg 1 in Cold Water Taps across the U.S.: Culture



[illegible]

* The qPCR Reaction was Completely inhibited. No PCR products of the PCR were detected nor products of the qPCR.

	Lp16S / LpLPS (+ / +)	Lp16S / LpLPS (+; - / -)	
	Positive	Negative	Total
Samples	53 (20%)	216 (80%)	269
Taps	32 (47%)	36 (53%)	68

Persistence Results

Persistence of *L. pneumophila* Sg1 at Tap

4 Sampling Events

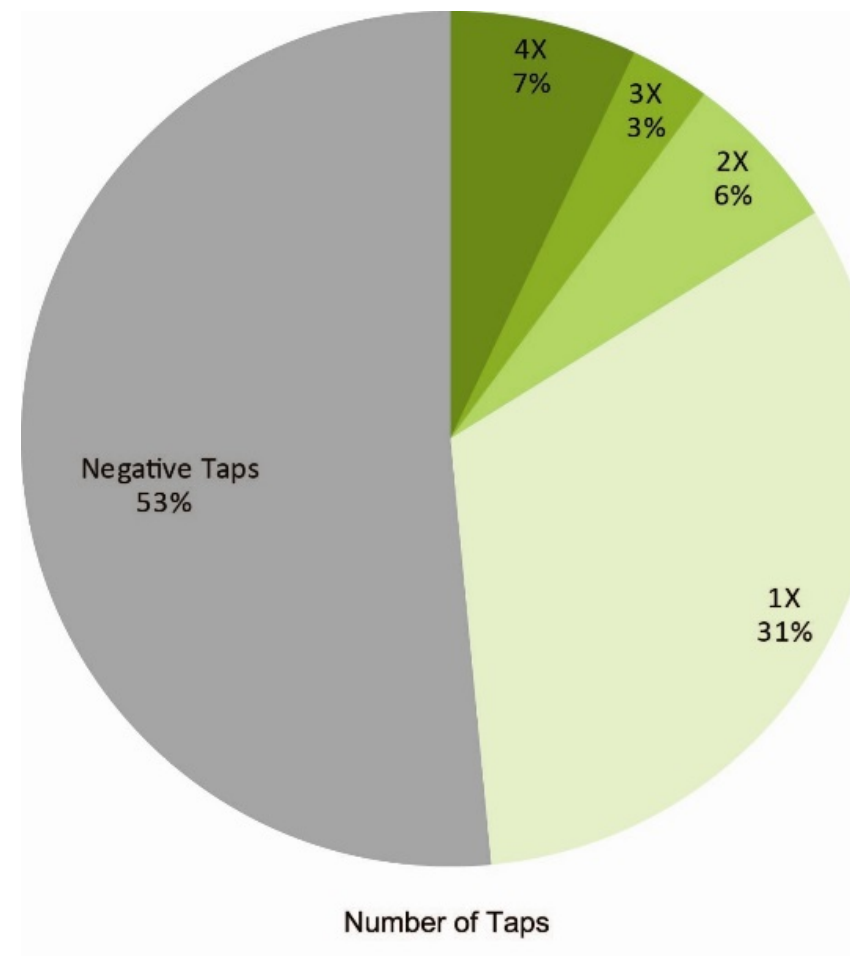
31% (21/68) of the detections were positive for only

one of the four sampling events/tap

16% (11/68) of the taps were positive for more than

one sampling event.

7% (5/68) of the taps were consistently positive.

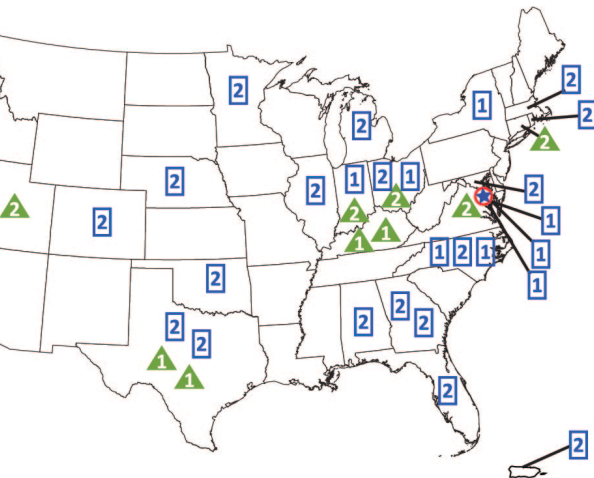


Geographic Results

Geographic Occurrence and Persistence of *L. pneumophila* Sg1

Occurrence

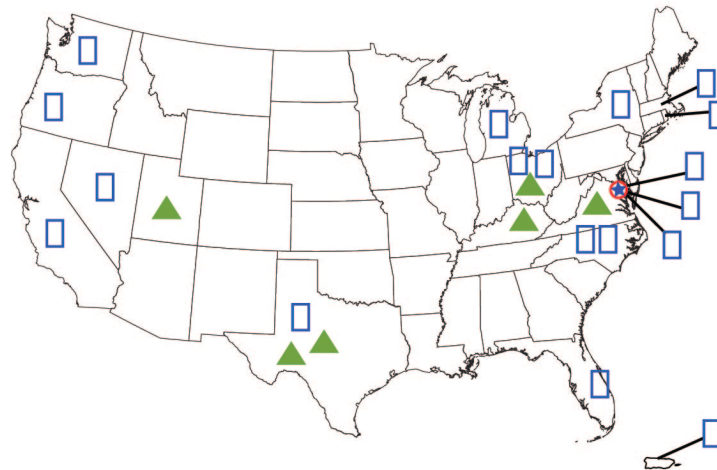
Any site that had a positive sampling event for *L. pneumophila* Sg1



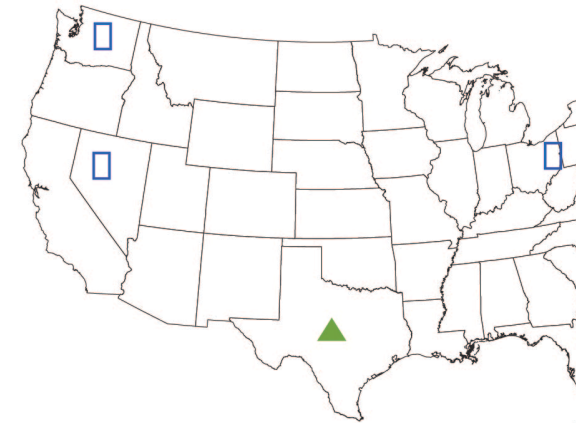
Total of 40 sites in study
68 Taps

Persistence

Sites positive for *L. pneumophila* Sg1 at more than one sampling event



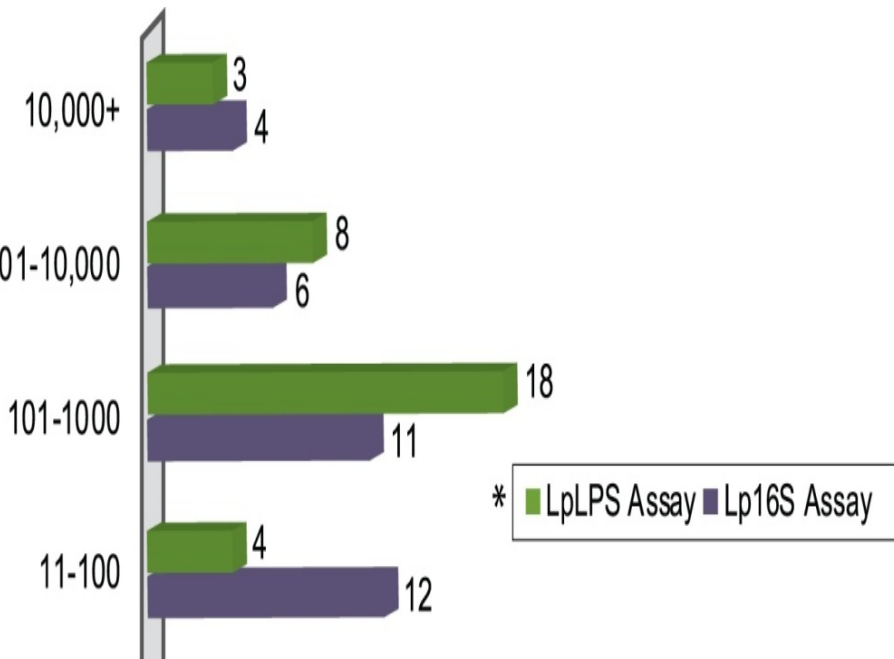
24 Sites
32 Taps



7 Sites
11 Taps

Concentration Results

Distribution of Concentrations of Genomic Target/L Detected at Tap



Number of Taps

Important Concentration Values

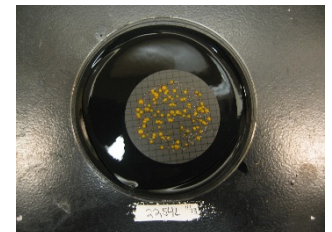
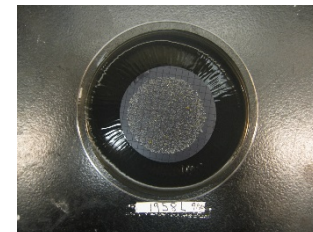
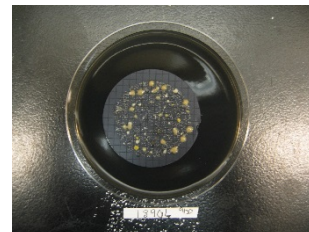
Minimum: 40 genomic targets/L

Average: 1,970 genomic targets/L

Median: 62 genomic targets/L

Maximum: 365,000 genomic targets/L

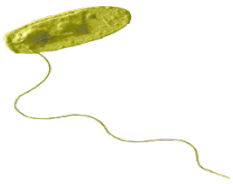
Values based on Lp LPS assay



Concentration: What is Being Measured?

Physiological States of *Legionella*

Viable



Culture

Detection, Quantitative (CFU/mL)

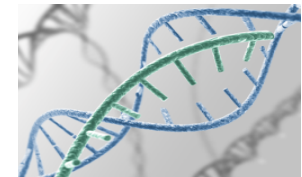
Amoeba
Encysted



Viable but not
Culturable (VBNC)



Dead



Amoeba co-culture

qPCR

Detection, Quantitative (genomic target/mL)

- Due to the extraction technique developed, qPCR will detect *L. pneumophila* Sg1 in these physiological states.

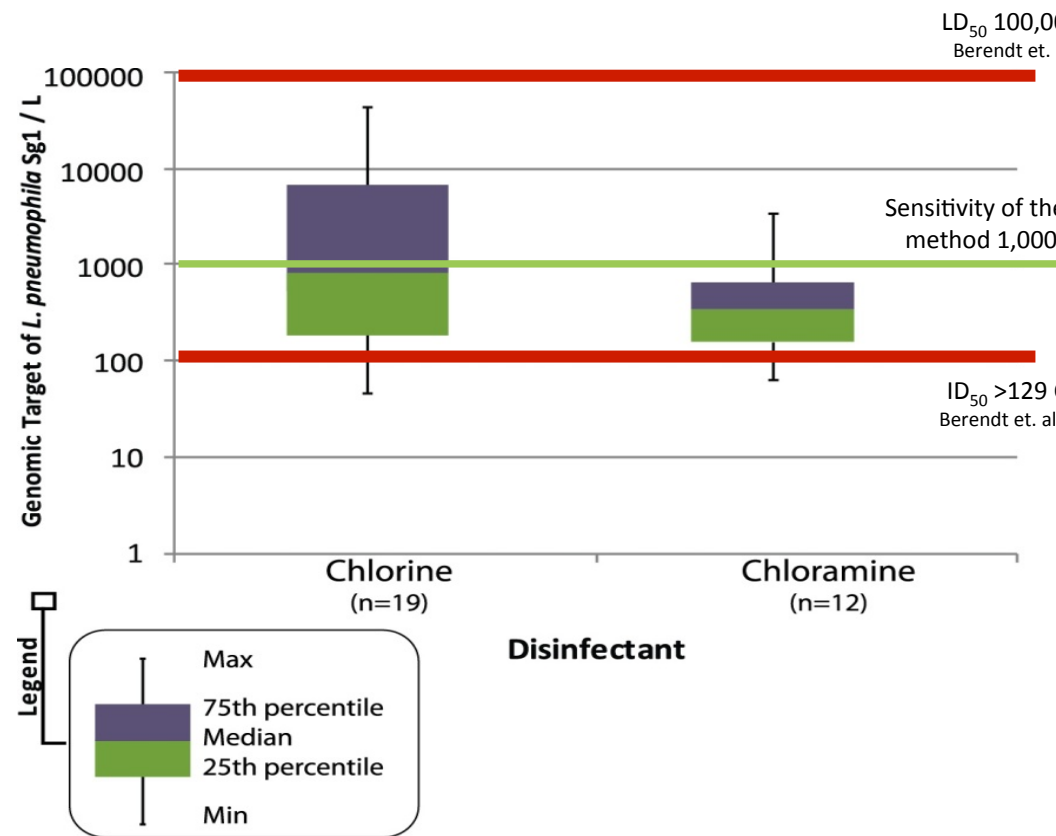
Disinfectant Results

The Role of the Water Disinfectant (**chlorine** & **monochloramine**)

43 Taps **chlorinated** water

23 Taps **monochloroaminated** water

- 43% (19/43) of the taps that received **chlorinated** water were positive for *L. pneumophila* Sg1.
- 52% (12/23) of the taps that received **monochloramine** treated water were positive for *L. pneumophila* Sg1.





Molecular Detection of *L. pneumophila* Sg 1 in Cold Water Taps across the U.S: Health Risk (One approach)

Infection Dose ID ₅₀ Lethal Dose LD ₅₀		Percentage of taps positive for <i>L. pneumophila</i> Sg 1	
Guinea pigs exposed to <i>L. pneumophila</i> by aerosol route. ID values determined by the onset of a fever LD values determined by death		Lp LPS Data Avg concentration at	
10,000 CFU	← LD ₅₀	1.4 x 10 ⁵ CFU (Berendt, 1980)	3% of positive taps were above 10 ⁵ CFU in 1L of water.
1,000 CFU	← LD ₅₀	10 ⁴ CFU (Baskerville, 1984)	9% of positive taps were above 10 ⁴ CFU in 1L of water.
100 CFU	← ID ₅₀	<129 CFU (Berendt, 1980)	88% of positive taps were above 129 CFU in 1L of water.
10 CFU	← ID ₅₀	<20 cells (Huebner et al, 1984)	100% of positive taps were above 20 CFU in 1L of water.

Conclusion

- *L. pneumophila* Sg1 was detected in samples from the cold water line at facilities and/or households.
- Exposures can be episodic or more chronic based on the persistence results.
- No significant difference between monochloramine and chlorinated disinfected water, in either the frequency of detection or average concentration of *L. pneumophila* Sg1.
- Assuming that guinea pigs data are applicable to humans,
 - All positive taps monitored in this study had the potential to cause infection.
 - One to three taps had concentrations that could pose a significant risk to human health.

Thank Y